



# HUMANS. HORSES. HOPE.

## 2024 IMPACT REPORT

### Mission

To enhance the quality of life for children and adults with diverse needs by partnering with horses to bring hope and healing through equine assisted activities and therapies.

### PROGRAMS

**217** Children and adults were served through our therapeutic riding, carriage driving, physical and occupational therapy and equine-assisted learning classes

**489** Children and adults were served through our Hooves for Heroes veteran programming classes (Mindful Movement, Vaulting, Yoga and support groups)

**706** Total clients served  
**6,398** Total session hours



### Therapeutic Horsemanship Goals & Milestones Reached in 2024

Increased verbalization of needs/wants	87%	Increased balance/core strength	99%
Completed three or more steps sequencing	88%	Improved stamina	100%
Increased attention span or focus	91%	Improved ambulation	98%
Improved patience while waiting	98%	Improved posture while mounted	94%
Demonstrated appropriate communication	86%	Physical riding goal	72%
Decreased fear/anxiety during lessons	91%	Individual Physical Daily Living Goal	92%
Cognitive riding goal	82%		
Individual Cognitive Daily Living Goal	75%		

### Physical & Occupational Therapy Goals & Milestones Reached in 2024

Improved receptive/expressive communication skills	95%
Improved sequencing skills	87%
Improved fine motor and grasping skills	96%
Improved sensory modulation/attention	96%
Improved core control/postural alignment	100%
Improved quality of gait	100%
Improved independence on transition/transfer	100%







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### MENTAL HEALTH COUNSELING

**140** Total counseling clients

**1,358** Counseling hours

Veteran & dependents:	70 clients	Total hours for veteran & dependents:	961
Civilian:	70 clients	Total hours for civilian clients:	397

### COMMUNITY OUTREACH

**1,524** Individuals supported through our community outreach programs (Fall Fun Fest & Open House) and Equine-Assisted Learning

**400** Students supported through our Reading with Equest Literacy Program



### VOLUNTEERS

**869** Volunteers supported our programs, serving **20,611** hours

The value of this impact is equivalent to **\$658,315**



### HERD

**34** therapy horses supported our programs

